

# Knots Learned in David Canterbury's Rope Clinic

These are the knots that Dave Canterbury teaches in his 9-part YouTube [Rope Clinic](#) series.

[Slip Knot, Running Knot, Stop Knot](#)

[Bowline](#)

[Animation of Bowline](#)

[Poacher's Knot](#)

[Animation of Poacher's Knot](#)

[Perfection Loop](#)

<https://www.youtube.com/embed/2XHhrzoV0u4?start=837>

[Animation of Perfection Loop](#)

[Figure 8 in a Bight](#)

<https://www.youtube.com/embed/2XHhrzoV0u4?start=951>

Animation of Figure 8 in a Bight

## Surgeon's Loop

<https://www.youtube.com/embed/2XHhrzoV0u4?start=996>

Animation Surgeon's Loop

## Overhand

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1098>

Animation Overhand

## Double Overhand

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1110>

Animation Double Overhand

## Steve Dore Knot

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1125>

Animation Steve Dore Knot

## Figure 8 Knot

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1210>

Animation Figure 8 Knot

## Slip Knot

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1252>

Animation Slip Knot

## Frictionless / Tensionless Hitch

<https://www.youtube.com/embed/2XHhrzoV0u4?start=1323>

Animation of Frictionless / Tensionless Hitch

## Running / Noose Knot

<https://www.youtube.com/embed/MBXE2Jfj7ZM?start=31>

Animated Running / Noose Knot

## Directional Figure 8 Knot

<https://www.youtube.com/embed/MBXE2Jfj7ZM?start=227>

Animation Figure 8 Directional Loop Knot

## Alpine Butterfly Loop Knot

<https://www.youtube.com/embed/MBXE2Jfj7ZM?start=316>

Animation Alpine Butterfly Loop Knot

## Bowline on a Bight

<https://www.youtube.com/embed/MBXE2Jfj7ZM?start=554>

Animation Bowline on a Bight

## Dave's Running Loop Knot

<https://www.youtube.com/embed/MBXE2Jfj7ZM?start=663>

## Reef / Square Knot

<https://www.youtube.com/embed/yi5Z7MR0Hxs?start=139>

Animation Reef / Square Knot

## Double Fisherman's Knot

<https://www.youtube.com/embed/gAHxjv6GCC4?start=67>

Animation Double Fisherman's Knot

## Sheet Bend

<https://www.youtube.com/embed/gAHxjv6GCC4?start=204>

Animation Sheet Bend

## Reef Knot (Bend)

<https://www.youtube.com/embed/gAHxJv6GCC4?start=380>

Animation Reef Knot

## Zeppelin Bend

<https://www.youtube.com/embed/gAHxJv6GCC4?start=514>

Animation Zeppelin Bend

## Water Knot

<https://www.youtube.com/embed/gAHxJv6GCC4?start=615>

Animation Water Knot

## Sheep Shank

<https://www.youtube.com/embed/cWMLYE-JX9E?start=45>

Animation Sheep Shank

## Marlin Spike Hitch

<https://www.youtube.com/embed/cWMLYE-JX9E?start=141>

Animation Marlin Spike Hitch

## Clove Hitch on a Bight

<https://www.youtube.com/embed/cWMLYE-JX9E?start=283>

Animation Clove Hitch (Using Loops)

## Marlin Spike Hitch #2

<https://www.youtube.com/embed/jUhVfxqqpPI?start=30>

## Clove Hitch #2

<https://www.youtube.com/embed/jUhVfxqqpPI?start=401>

Animation Clove Hitch (Rope End)

## Timber Hitch

<https://www.youtube.com/embed/jUhVfxqqpPI?start=516>

Animation Timber Hitch

## Prusik Hitch

<https://www.youtube.com/embed/jUhVfxqqpPI?start=661>

Animation Prusik Hitch

## Lark's Head Knot (Cow Hitch)

<https://www.youtube.com/embed/kXlG8JOPmv0?start=452>

Animation Lark's Head Knot

## Arbor Knot / Canadian Jam Knot

<https://www.youtube.com/embed/kXlG8JOPmv0?start=1378>

Animation Arbor Knot

## Slippery Half Hitch

<https://www.youtube.com/embed/kXlG8JOPmv0?start=1038>

## Traditional Trucker's Hitch (Directional Figure 8 Loop)

<https://www.youtube.com/embed/JEyIR9hBZWw?start=326>

## Dutchman's Knot used in Rope Tackle

<https://www.youtube.com/embed/JEyIR9hBZWw?start=401>

## Versatackle

<https://www.youtube.com/embed/JEyIR9hBZWw?start=643>

# Soft Shackle

<https://www.youtube.com/embed/kXlG8JOPmv0?start=544>

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